

Name of the instructor		<b>Mitsukazu Toe</b>		Rank	8th Dan
System		<input type="checkbox"/> Shuri/Tomari-te kei <input type="checkbox"/> Naha-te kei <input type="checkbox"/> Uechi-ryu kei <input checked="" type="checkbox"/> Kobujutu			
Style		Ryukyu Kobudo (Taira-kei)			
School name		Ryukyu Kobudo Hozonkai			
Recommended for	Level	<input checked="" type="checkbox"/> Beginner <input checked="" type="checkbox"/> Intermediate <input type="checkbox"/> Advanced <input type="checkbox"/> All			
	Age	3rd grade of elementary school and above			
Theme of the seminar		1. Historical outline of Okinawa kobujutsu 2. History of the Taira-kei 3. Characteristics of Ryukyu Kobudo Hozonkai			
Duration of the seminar		60 min			
Program of the seminar		Sections		Allocated time	Contents
		①	Introduction	7 min	Mainly an explanation of the seminar's theme
		②	Training methods	13 min	Characteristics of attacking and blocking methods
		③	Kata	20 min	In combination with the application of (4)
		④	Applications, kumite etc.	8 min	Explain the meaning of posture, etc.
		⑤	Demonstration	8 min	Demonstration by some of the participants
⑥	Q&A	4 min	Contents, differences from others, and requests for next time.		