2024/08/09/seminarIII_15:00-17:00 07 Giyu Gibo				
Name of the instructor		Giyu Gibo	Rank	Hanshi 10th Dan
System		☐ Shuri/Tomari-te kei ☐ Naha-te kei	🔲 Uechi-ryu kei	🗹 Kobujutu
Style		Shorin-ryu		
School name		Shorin-ryu Syobukan HDQRS		
Recommended for	Level	☐ Beginner ☐ Intermediate	Advanced	All
	Age	10 years old and up		
Theme of the seminar		Katas of tonfa and nunchaku		
Duration of the seminar		120 min		
Program of the seminar		Sections		Allocated time
		Description and history of tonfa and nunchaku		
		Basic operation, kata application		
		Kata practice		
		Question and Answer session		