| Name of the instructor |  | Giyu Gibo |  | Rank | Hanshi 10th Dan |
| :---: | :---: | :---: | :---: | :---: | :---: |
| System |  | $\square$ Shuri/Tomari-te kei | $\square$ Naha-te kei | $\square$ Uechi-ryu kei | $\square$ Kobujutu |
| Style |  | Shorin-ryu |  |  |  |
| School name |  | Shorin-ryu Syobukan HDQRS |  |  |  |
| Recommended for | Level | $\square$ Beginner | $\square$ Intermediate | $\square$ Advanced | $\square$ All |
|  | Age | 10 years old and up |  |  |  |
| Theme of the seminar |  | Katas of tonfa and nunchaku |  |  |  |
| Duration of the seminar |  | 120 min |  |  |  |
| Program of the seminar |  | Sections |  |  | Allocated time |
|  |  | Description and history <br> Basic operation, kata a <br> Kata practice <br> Question and Answer s | nfa and nunchak <br> ation |  |  |

