

Name of the instructor		Seiki Takushi		Rank	Hanshi 10th Dan
System		<input type="checkbox"/> Shuri/Tomari-te kei <input type="checkbox"/> Naha-te kei <input type="checkbox"/> Uechi-ryu kei <input checked="" type="checkbox"/> Kobujutu			
Style		Goju-ryu, Ryukyu Kobudo (Matayoshi-kei)			
School name		Goju-ryu Shobukan Sohonbu			
Recommended for	Level	<input type="checkbox"/> Beginner <input type="checkbox"/> Intermediate <input checked="" type="checkbox"/> Advanced <input checked="" type="checkbox"/> All			
	Age	15 years and older			
Theme of the seminar		History of Okinawa Kobujutsu Characteristics of Matayoshi Kobudo			
Duration of the seminar		120 min			
Program of the seminar		Sections		Allocated time	Contents
		①	Introduction	15 min	Instructor introduction
		②	Training methods	25 min	Basic practice (Basic bojutsu training)
		③	Kata	40 min	CHIKIN NU KUN
		④	Applications, kumite etc.	15 min	[CHIKIN NU KUN] posture and explanation
		⑤	Demonstration	15 min	Demonstration
		⑥	Q&A	10 min	