

Name of the instructor		Takashi Kinjo		Rank	Hanshi 10th Dan
System		<input type="checkbox"/> Shuri/Tomari-te kei <input type="checkbox"/> Naha-te kei <input type="checkbox"/> Uechi-ryu kei <input checked="" type="checkbox"/> Kobujutu			
Style		Okinawa Kobu-ryu Karatedo Kobudo Kobukai			
School name		Kobukai (Matayoshi-kei)			
Recommended for	Level	<input type="checkbox"/> Beginner <input type="checkbox"/> Intermediate <input type="checkbox"/> Advanced <input checked="" type="checkbox"/> All			
	Age	Elementary school students and above			
Theme of the seminar		① Kata and bunkai of the Shuchu no kata ② Use of traditional weapons (bo, sai, tonfa, nunchaku, etc.)			
Duration of the seminar		120 min			
Program of the seminar		Sections		Allocated time	Contents
			Training methods	120 min	<ul style="list-style-type: none"> <li>•Movements that unify spirit, sword, and body.</li> <li>•Coordinated movement of the upper and lower body.</li> </ul>